KINGS FITNESS & LEISURE

BELIEVE AND SUCCEED

Kings Fitness & Leisure

Gym Instructor

Start Date. Immediate
All Year Round Contract
15 hours per week
Monday & Tuesday 12:00 – 20:00 (7.5)
Starting at £12.85 per hour

Gym Instructor

Kings Fitness & Leisure are looking for a Level 2 Gym Instructor to join the team.

About the Role

We are looking for Fitness Instructors to join our team to work here at Kings Fitness and Leisure, individuals should be enthusiastic and have a natural passion for the Fitness gym. As gym instructor, you will be required to deliver an excellent level of service to members and guests, creating a safe and enjoyable location to exercise.

Requirements:

- A minimum of Level 2 Gym Instructor Qualification
- Exercise Referral Qualification (desired)

Duties:

- Carrying out fitness inductions with new members.
- Showing members how to use exercise machines and free weights.
- Supervising Gym users to make sure that they are exercising safely and effectively.
- Ensure the gym is kept clean and tidy
- Ensure health & safety procedures are being followed
- Creating and managing gym challenges for all users
- Cover Fitness Classes when cover is needed. (In advance or last minute)

What we can offer you:

- ✓ Fun and rewarding working environment
- ✓ Opportunity to pursue career pathways into other areas of the business
- ✓ Subsidised gym membership
- ✓ Free uniform
- ✓ Discounted food and drinks

Please submit your interest in writing to smfear@kingsfitness.co.uk . Your covering letter should be no more than two A4 pages and demonstrate your skills and passion to be a successful member of the team.