

POOL TIMETABLE

FROM MONDAY 1ST SEPTEMBER - SUNDAY 21ST DECEMBER 2025 (Excluding Half Term Mon 27th Oct - 2nd Nov 2025)

The information on this timetable is correct at the time of publication, but may be subject to change at any time. Changes will be displayed on our Website.

Pool Ratios are as follows:

0 - 2 yrs = 1 Adult to 1 Child
 3 - 4 yrs = 1 Adult to 2 Children
 5 - 7 yrs = 1 Adult to 3 Children
 8yrs+ and competent = Swim Alone
 Adult = 16+ yrs

MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY							
06.00 - 22.00				06.00 - 22.00				06.00 - 22.00				06.00 - 22.00				06.00 - 22.00				08.00 - 18.00				08.00 - 18.00							
Kingfishers Swim Club 06.00 - 07.30	Lane Swim 06.00 - 08.55			Lane Swim 06.00 - 10.00				Kingfishers Swim Club 06.00 - 07.30	Lane Swim 06.00 - 10.00			Kingfishers Swim Club 06.00 - 07.30	Lane Swim 06.00 - 08.50					Kingfishers Swim Club 06.00 - 07.30	Lane Swim 06.00 - 08.55			Swim Academy 08.00 - 12.10			Lane Swim 08.00 - 09.50						
General Swim 09.00 - 10.00				Pre-Schl/Aqua Baby/Tots 09.00-10.10 (Variable Depth)								Aqua Fit* 09.00 - 09.45				Aqua Fit* 09.00 - 09.45															
Brent Knoll School 10.15 - 11.00				General Swim 10.00 - 13.15				Pre-Schl/Aqua Baby/Tots 09.00-11.25 (Variable Depth)				General Swim 10.00 - 12.45				Pre-School 10.00 - 12.00 (Variable Depth)				Parent & Baby 10.00 - 10.55				Family Fun* 10.00 - 10.55							
Cheddar School 11.00 - 11.30																								Family Fun* 11.00 - 11.55							
Cheddar School 11.30 - 12.00																															
General/Lane Swim 12.30 - 13.50								Sandford School 13.00 - 13.30				Burrington School 13.00 - 14.00				Churchill School 13.00 - 13.30				Winscombe School 13.30 - 14.00				General/Lane Swim 12.15 - 13.45				General/Lane Swim 12.00 - 13.15			
Water Conditioning 14.00 - 15.00		Disabled & Remedial 14.00 - 15.00		General/Lane Swim 15.00 - 15.50				General/Lane Swim 15.00 - 15.50				General/Lane Swim 15.00 - 15.50				General/Lane Swim 14.30 - 15.50				Family Fun* 14.00 - 15.00				Inflatable Fun*# 13.30 - 14.30							
Adults Only Swim 15.00 - 15.50																								Inflatable Set Down							
Swim Academy 16.00 - 19.00				Swim Academy 16.00 - 19.00				Swim Academy 16.00 - 19.00				Swim Academy 16.00 - 19.00				Swim Academy 16.00 - 20.05				General/Lane Swim 15.30 - 18.00				Kingfishers Swim Club 16.00 - 18.00							
Lane Swim 18.20-19.00	General/Lane Swim 18.20 - 19.00							Lane Swim 18.20-19.00																							
Kingfishers Swim Club 19.00 - 21.00				Aqua Fit* 19.05 - 19.50				Kingfishers Swim Club 19.00 - 21.00				Kingfishers Swim Club 18.30 - 21.00				Adult Swim Lessons 19.00 - 20.20				Kingfisher Swim Club 20.20 - 22.00											
				West Country Tri Club 20.00 - 21.00																											
	Lane Swim 21.00 - 22.00							Lane Swim 21.00 - 22.00																							
	Lane Swim 21.00 - 22.00			Adult Swim Lessons 21.00 - 22.00				Lane Swim 21.00 - 22.00																							

* Requires advance booking for each individual attending the session (Including under 3 year olds).

Please see Kings Fitness Website for Swim England guidance relating to Frequently Asked Questions regarding Skin Conditions and Swimming participation, which we follow at Kings Fitness & Leisure.

The Swimming Pool, Wetside Changing Rooms, Sauna and Steam Room will be unavailable during the Private School Hire sessions



25m Pool



Disabled/Pool Hoist



Limited Free Parking



Free Wifi



Sauna & Steam Room
(unavailable during School Swimming sessions)



Showers & Changing Room



Restrooms



No Footwear in Changing Room



Buggy Park



INFLATABLE & FAMILY FUN INFORMATION

This slot is bookable for birthday parties.
 #Only the last Sunday of every month will be reserved for Inflatable fun.

Inflatable Fun & Family Fun requires advance booking for each individual attending the session (members can book online/non members must call Reception 01934 744939 (option 2)).

15 minutes at the start of the Inflatable sessions are for Competency Tests and Rules (sessions are 45 minutes). Participants MUST be competent swimmers (can swim 25m unaided).

Children who do not meet the requirements for Inflatable Fun may play in the Shallow End of the pool. Responsible Adults are allowed on the inflatable.

Under 8's must be a Competent swimmer and have an adult with them.