

# POOL TIMETABLE

FROM MONDAY 14TH APRIL - SUNDAY 20TH APRIL 2025

The information on this timetable is correct at the time of publication, but may be subject to change at any time. Changes will be displayed at Reception and on our Website.

**Pool Ratios are as follows:**










- 0 - 2 yrs = 1 Adult to 1 Child
- 3 - 4 yrs = 1 Adult to 2 Children
- 5 - 7 yrs = 1 Adult to 3 Children
- 8yrs+ and competent = Swim Alone
- Adult = 16+ yrs

MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY - Bank Holiday				SATURDAY				SUNDAY			
06.00 - 22.00				06.00 - 22.00				06.00 - 22.00				06.00 - 22.00				08.00 - 19.00				08.00 - 18.00				08.00 - 18.00			
Kingfishers Swim Club 06.00 - 07.30				Lane Swim 06.00 - 09.00				Kingfishers Swim Club 06.00 - 07.30				Lane Swim 06.00 - 09.45				Lane Swim 06.00 - 08.50											
Lane Swim 06.00 - 09.00				General Swim/Lane Swim 09.00 - 10.45				Lane Swim 06.00 - 09.45				Aqua Fit* 09.00 - 09.45				Lane Swim 08.00 - 10.00				Swim Academy 08.00 - 12.10				Lane Swim 08.00 - 09.50			
Kids Club 11.00 - 12.00				Kids Club 11.00 - 12.00				Inflatable Fun* 10.00 - 11.00				Family Fun* 10.00 - 11.00				Maintenance 10.00 - 11.00								Family Fun* 10.00 - 10.55			
General Swim/Lane Swim 12.00 - 13.50				Kids Club 11.30 - 12.30				Inflatable Fun Set Down				Kids Club 11.00 - 12.00				General Swim/Lane Swim 11.00 - 14.20				Swim Academy 08.00 - 12.10				Family Fun* 11.00 - 11.55			
General Swim/Lane Swim 12.00 - 14.20				General Swim/Lane Swim 12.00 - 13.45				General Swim/Lane Swim 12.30 - 15.50				General Swim/Lane Swim 12.00 - 15.50				General Swim/Lane Swim 11.00 - 14.20				General Swim/Lane Swim 12.15 - 13.45				General Swim/Lane Swim 12.00 - 13.45			
Water Conditioning 14.00 - 15.00				Disabled & Remedial 14.00 - 15.00				Family Fun* 14.30 - 15.30				Family Fun* 14.30 - 15.30				Family Fun* 14.30 - 15.30				Family Fun* 14.00 - 15.00				Private Hire 14.00 - 15.00			
Adults Only Swim 15.00 - 15.50				Family Fun Set Down				Family Fun Set Down				Family Fun Set Down				Family Fun Set Down				Family Fun Set Down				Family Fun Set Down			
Swim Academy 16.00 - 19.00				Swim Academy 16.00 - 19.00				Swim Academy 16.00 - 19.00				Swim Academy 16.00 - 19.00				Swim Academy 16.00 - 19.00				Swim Academy 16.00 - 19.00				General Swim/Lane Swim 15.30 - 18.00			
Lane Swim 18.20 - 19.00				General Swim/Lane Swim 18.20 - 19.00				Lane Swim 18.20 - 19.00				Kingfishers Swim Club 18.30 - 21.00				Swim Academy 16.00 - 19.00				General Swim/Lane Swim 15.30 - 18.00				Kingfishers Swim Club 16.00 - 18.00			
Kingfishers Swim Club 19.00 - 21.00				Aqua Fit* 19.05 - 19.50				Kingfishers Swim Club 19.00 - 21.00				Kingfishers Swim Club 18.30 - 21.00				Swim Academy 16.00 - 19.00				General Swim/Lane Swim 15.30 - 18.00				Kingfishers Swim Club 16.00 - 18.00			
Lane Swim 21.00 - 22.00				West Country Tri Club 20.00 - 21.00				Kingfishers Swim Club 19.00 - 21.00				Kingfishers Swim Club 18.30 - 21.00				Swim Academy 16.00 - 19.00				General Swim/Lane Swim 15.30 - 18.00				Kingfishers Swim Club 16.00 - 18.00			
Lane Swim 21.00 - 22.00				Lane Swim 21.00 - 22.00				Lane Swim 21.00 - 22.00				Lane Swim 21.00 - 22.00				Lane Swim 19.10 - 22.00				Swim Academy 16.00 - 19.00				Kingfishers Swim Club 16.00 - 18.00			
Adult Swim Lessons 21.00 - 22.00				Lane Swim 21.00 - 22.00				Lane Swim 21.00 - 22.00				Lane Swim 21.00 - 22.00				Lane Swim 19.10 - 22.00				Swim Academy 16.00 - 19.00				Kingfishers Swim Club 16.00 - 18.00			

\* Requires advance booking for each individual attending the session (Including under 3 year olds).

Please see Kings Fitness Website for Swim England guidance relating to Frequently Asked Questions regarding Skin Conditions and Swimming participation, which we follow at Kings Fitness & Leisure.

The Swimming Pool, Wetside Changing Rooms, Sauna and Steam Room will be unavailable during the Kids Club or School Swim sessions

-  25m Pool
-  Disabled/Pool Hoist
-  Limited Free Parking
-  Free Wifi
-  Sauna & Steam Room (unavailable during Kids Club or School Swimming sessions)
-  Showers & Changing Room
-  Restrooms
-  No Footwear in Changing Room
-  Buggy Park



## INFLATABLE FUN INFORMATION

This slot is bookable for birthday parties. #Only the last Sunday of every month will be reserved for Inflatable fun.

Inflatable Fun requires advance booking for each individual attending the session (members can book online/non members must call Reception 01934 744939 (option 2)).

15 minutes at the start of the sessions are for Competency Tests and Rules (sessions are 45 minutes). Participants MUST be competent swimmers (can swim 25m unaided).

Children who do not meet the requirements may play in the Shallow End of the pool. Responsible Adults are allowed on the inflatable.

Under 8's must be a Competent swimmer and have an adult with them.