

POOL TIMETABLE

FROM MONDAY 17TH FEBRUARY - SUNDAY 23RD FEBRUARY 2025

The information on this timetable is correct at the time of publication, but may be subject to change at any time. Changes will be displayed at Reception and on our Website.

Pool Ratios are as follows:

- 0 - 2 yrs = 1 Adult to 1 Child
- 3 - 4 yrs = 1 Adult to 2 Children
- 5 - 7 yrs = 1 Adult to 3 Children
- 8yrs+ and competent = Swim Alone
- Adult = 16+ yrs

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
06.00 - 22.00		06.00 - 22.00		06.00 - 22.00		06.00 - 22.00		06.00 - 22.00		08.00 - 18.00		08.00 - 18.00	
Kingfishers Swim Club 06.00 - 07.30		Lane Swim 06.00 - 09.00		Kingfishers Swim Club 06.00 - 07.30		Lane Swim 06.00 - 08.50		Kingfishers Swim Club 06.00 - 07.30		Swim Academy 08.00 - 12.10		Lane Swim 08.00 - 09.50	
Lane Swim 06.00 - 10.50		General Swim/Lane Swim 09.00 - 10.50		Lane Swim 06.00 - 09.45		Aqua Fit* 09.00 - 09.45		Lane Swim 06.00 - 09.50				Family Fun* 10.00 - 10.55	
Kids Club 11.00 - 12.00		Kids Club 11.00 - 12.00		Inflatable Fun* 10.00 - 11.00		Family Fun* 10.00 - 11.00		Private Hire 10.00 - 10.45		General Swim/Lane Swim 12.15 - 13.45		Family Fun* 11.00 - 11.55	
General Swim/Lane Swim 12.00 - 13.50		General Swim/Lane Swim 12.00 - 14.20		Inflatable Fun Set Down		Kids Club 11.00 - 12.00		Kids Club 11.00 - 12.00				General Swim/Lane Swim 12.00 - 13.45	
Water Conditioning 14.00 - 15.00		Disabled & Remedial 14.00 - 15.00		General Swim/Lane Swim 12.30 - 15.50		General Swim/Lane Swim 12.00 - 15.50		General Swim/Lane Swim 12.00 - 14.20		Private Pool Party Hire 14.00 - 15.00		Inflatable Fun*# 14.00 - 15.00	
Adults Only Swim 15.00 - 15.50		Family Fun* 14.30 - 15.30		Swim Academy 16.00 - 19.00		Swim Academy 16.00 - 19.00		Family Fun* 14.30 - 15.30		Party Set Down		Inflatable Fun Set Down	
Swim Academy 16.00 - 19.00		Swim Academy 16.00 - 19.00		Swim Academy 16.00 - 19.00		Swim Academy 16.00 - 19.00		Swim Academy 16.00 - 20.05		General Swim/Lane Swim 15.30 - 16.30		Lane Swim 15.30 - 17.00	
Lane Swim 18.15 - 19.00		General Swim/Lane Swim 18.15 - 19.00		Lane Swim 18.15 - 19.00		General Swim/Lane Swim 12.00 - 15.50		Family Fun Set Down		Kayak Private Hire 16.30 - 17.30		Kingfishers Swim Club 16.00 - 18.00	
Kingfishers Swim Club 19.00 - 21.00		Aqua Fit* 19.05 - 19.50		Kingfishers Swim Club 19.00 - 21.00		Kingfishers Swim Club 18.30 - 21.00		Adult Swim Lessons 19.00 - 20.20		Kayak Set Down			
West Country Tri Club 20.00 - 21.00		Kingfishers Swim Club 19.00 - 21.00		Kingfishers Swim Club 19.00 - 21.00		Kingfishers Swim Club 18.30 - 21.00		Lane Swim 18.15 - 20.45					
Lane Swim 21.00 - 22.00		Lane Swim 21.00 - 22.00		Lane Swim 21.00 - 22.00		Lane Swim 19.10 - 22.00		Kayak Private Hire 20.45 - 22.00					

* Requires advance booking for each individual attending the session (Including under 3 year olds).

Please see Kings Fitness Website for Swim England guidance relating to Frequently Asked Questions regarding Skin Conditions and Swimming participation, which we follow at Kings Fitness & Leisure.

The Swimming Pool, Wetside Changing Rooms, Sauna and Steam Room will be unavailable during the Kids Club and Private Party Hire sessions

- 25m Pool
- Disabled/Pool Hoist
- Limited Free Parking
- Free Wifi
- Sauna & Steam Room (unavailable during School Swimming sessions)
- Showers & Changing Room
- Restrooms
- No Footwear in Changing Room
- Buggy Park



INFLATABLE FUN INFORMATION

This slot is bookable for birthday parties. #Only the last Sunday of every month will be reserved for Inflatable fun.

Inflatable Fun requires advance booking for each individual attending the session (members can book online/non members must call Reception 01934 744939 (option 2)).

15 minutes at the start of the sessions are for Competency Tests and Rules (sessions are 45 minutes). Participants MUST be competent swimmers (can swim 25m unaided).

Children who do not meet the requirements may play in the Shallow End of the pool. Responsible Adults are allowed on the inflatable.

Under 8's must be a Competent swimmer and have an adult with them.