









POOL TIMETABLE

Pool Ratios are as follows:
 0 - 2 yrs = 1 Adult to 1 Child
 3 - 4 yrs = 1 Adult to 2 Children
 5 - 7 yrs = 1 Adult to 3 Children
 8yrs+ and competent = Swim Alone
 Adult = 16+ yrs

GENERAL SWIM/LANE SWIM
SWIM ACADEMY/KINGFISHERS
SCHOOL LESSONS/PRIVATE HIRE
AQUA FIT CLASS
FAMILY FUN (Floor Depth 0.81)
PARENT & BABY (Floor Depth 0.81)
INFLATABLE FUN
WATER CONDITIONING (Back To Health Class)

-  25m Pool
-  Disabled/Pool Hoist
-  Limited Free Parking
-  Free Wifi
-  Steam Room (unavailable during School Swimming sessions)
-  Showers & Changing Room
-  Restrooms
-  No Footwear in Changing Room

FROM MONDAY 2ND SEPTEMBER 2024 (Half Term Mon 28th Oct - Sun 3rd Nov 2024)

The information on this timetable is correct at the time of publication, but may be subject to change at any time. Changes will be displayed at Reception and on our Website.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
06.00 - 22.00	06.00 - 22.00	06.00 - 22.00	06.00 - 22.00	06.00 - 22.00	08.00 - 18.00	08.00 - 18.00
Kingfishers Swim Club 06.00 - 07.15 Lane Swim 06.00 - 08.45 General Swim 08.50 - 10.00 Brent Knoll School 10.15 - 11.00 Priddy School 11.00 - 11.30 Cheddar School 11.30 - 12.00 General Swim/Lane Swim 12.30 - 13.50 Water Conditioning 14.00 - 15.00 Adults Only Swim 15.00 - 15.50 Swim Academy 16.00 - 19.00 Lane Swim 18.15 - 19.00 Kingfishers Swim Club 19.00 - 21.00 Lane Swim 21.00 - 22.00	Kingfishers Swim Club 06.00 - 07.15 Lane Swim 06.00 - 10.00 Pre-School 09.00-11.25 (Variable Depth) Adult Swim Lessons 11.25 - 12.45 General Swim 10.00 - 13.15 Cheddar School 13.30 - 14.00 Wedmore 14.00 - 14.30 General Swim/Lane Swim 15.00 - 15.50 Swim Academy 16.00 - 19.00 General Swim/Lane Swim 18.15 - 19.00 Aqua Fit* 19.05 - 19.50 West Country Tri Club 20.00 - 21.00 Lane Swim 21.00 - 22.00 Adult Swim Lessons 21.00 - 22.00	Kingfishers Swim Club 06.00 - 07.15 Lane Swim 06.00 - 10.00 General Swim 10.00 - 12.45 Sandford School 13.00 - 13.30 Weare School 13.30 - 14.00 Cheddar School 14.00 - 14.30 General Swim/Lane Swim 15.00 - 15.50 Swim Academy 16.00 - 19.00 Kingfishers Swim Club 19.00 - 21.00 Lane Swim 21.00 - 22.00	Kingfishers Swim Club 06.00 - 07.15 Lane Swim 06.00 - 08.50 Aqua Fit* 09.00 - 09.45 General Swim 10.00 - 13.00 East Brent School 13.15 - 13.45 Mark School 13.45 - 14.15 General Swim/Lane Swim 14.45 - 15.50 Swim Academy 16.00 - 19.00 Kingfishers Swim Club 18.30 - 21.00 Lane Swim 19.10 - 22.00	Kingfishers Swim Club 06.00 - 07.15 Lane Swim 06.00 - 09.55 Parent & Baby 10.00 - 10.55 General Swim 11.00 - 12.45 Churchill School 13.00 - 13.30 Winscombe School 13.30 - 14.00 Cheddar School 14.00 - 14.30 General Swim/Lane Swim 15.00 - 15.50 Swim Academy 16.00 - 20.05 Lane Swim 18.15 - 22.00	Swim Academy 08.00 - 12.10 General Swim/Lane Swim 12.15 - 13.45 Family Fun* 14.00 - 15.00 Family Fun Set Down General Swim/Lane Swim 15.30 - 18.00 Kingfishers Swim Club 16.00 - 18.00	Lane Swim 06.00 - 09.50 Family Fun* 10.00 - 10.55 Family Fun* 11.00 - 11.55 General Swim/Lane Swim 12.00 - 13.45 Inflatable Fun* 14.00 - 15.00 Inflatable Set Down Lane Swim 15.30 - 17.00 Kingfishers Swim Club 16.00 - 18.00

DID YOU KNOW?
ADULT SWIM LESSONS ARE BACK!
 Tuesdays 11.25 - 12.45 & 21.00 - 22.00
 Thursdays 12.00 - 13.00
 Fridays 19.00 - 20.20
 To find our more visit www.kingsfitness.co.uk
 or enquire at Reception

* Requires advance booking for each individual attending the session (Including under 3 year olds) .

Please see Kings Fitness Website for Swim England guidance relating to Frequently Asked Questions regarding Skin Conditions and Swimming participation, which we follow at Kings Fitness & Leisure.



INFLATABLE FUN INFORMATION

This slot is bookable for birthday parties. Only the last Sunday of every month will be reserved for Inflatable fun.

Inflatable Fun requires advance booking for each individual attending the session (members can book online/non members must call Reception 01934 744939 (option 2)).

15 minutes at the start of the sessions are for Competency Tests and Rules (sessions are 45 minutes). Participants MUST be competent swimmers (can swim 25m unaided).

Children who do not meet the requirements may play in the Shallow End of the pool. Responsible Adults are allowed on the inflatable.

Under 8's must be a Competent swimmer and have an adult with them.