

POOL TIMETABLE

Pool Ratios are as follows:

- 0 - 2 yrs = 1 Adult to 1 Child
- 3 - 4 yrs = 1 Adult to 2 Children
- 5 - 7 yrs = 1 Adult to 3 Children
- 8yrs+ and competent = Swim Alone
- Adult = 16+ yrs

GENERAL SWIM/LANE SWIM
SWIM ACADEMY/KINGFISHERS
SCHOOL LESSONS/PRIVATE HIRE
AQUA FIT CLASS
FAMILY FUN (Floor Depth 0.83)

- 25m Pool
- Disabled/Pool Hoist
- Limited Free Parking
- Free Wifi
- Steam Room (unavailable during School Swimming sessions)
- Sauna
- Showers & Changing Room
- Restrooms
- No Footwear in Changing Room

FROM MONDAY 27TH MAY - SUNDAY 2ND JUNE 2024 (May Half Term)

The information on this timetable is correct at the time of publication, but may be subject to change at any time. Changes will be displayed at Reception and on our Website

MONDAY - Bank Holiday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08.00 - 19.00	06.00 - 22.00	06.00 - 22.00	06.00 - 22.00	06.00 - 22.00	08.00 - 18.00	08.00 - 18.00
		Kingfishers Swim Club 06.00 - 07.15				
Lane Swim 08.00 - 09.50	Lane Swim 06.00 - 09.50	Lane Swim 06.00 - 09.50	Lane Swim 06.00 - 8.50	Lane Swim 06.00 - 09.50		
1-1's 08.45 - 09.45	1-1's 08.45 - 09.45	1-1's 08.45 - 09.45	Aqua Fit 09.00 - 09.45	1-1's 08.45 - 09.45		
Family Fun** 10.00 - 11.00	Family Fun** 10.00 - 11.00	Family Fun** 10.00 - 11.00	Family Fun** 10.00 - 11.00	Family Fun** 10.00 - 11.00	Swim Academy 08.00 - 12.10	Lane Swim 08.00 - 09.50
General Swim/Lane Swim 11.10 - 14.00	Kids Club Hire 11.00 - 12.00	Kids Club Hire 11.00 - 12.00	Kids Club Hire 11.00 - 12.00	Kids Club Hire 11.00 - 12.00		Family Fun** 10.00 - 11.00
1-1's 12.30 - 13.30	1-1's 12.30 - 13.30	1-1's 12.30 - 13.30	1-1's 12.30 - 13.30	1-1's 12.30 - 13.30		Family Fun** 11.00 - 12.00
Disabled & Remedial 14.00 - 15.00	General Swim/Lane Swim 12.00 - 15.50	General Swim/Lane Swim 12.00 - 15.50	General Swim/Lane Swim 12.00 - 15.50	General Swim/Lane Swim 12.00 - 15.50	General Swim/Lane Swim 12.15 - 13.45	General Swim/Lane Swim 12.10 - 15.00
Adults Only Swim 15.00 - 15.50	Depth 0.83				Private Hire 14.00 - 15.30	
Swim Academy 16.00 - 19.00	Swim Academy 15.30 - 19.00	Swim Academy 16.00 - 19.00	Swim Academy 16.00 - 19.00	Swim Academy 16.00 - 20.05	General Swim/Lane Swim 15.30 - 18.00	Lane Swim 15.10 - 17.00
	General Swim/Lane Swim 18.15 - 19.00	Lane Swim 18.15 - 19.00				Kingfishers Swim Club 16.00 - 18.00
	Aqua Fit 19.05 - 19.50	Kingfishers Swim Club 19.00 - 21.00	Kingfishers Swim Club 18.30 - 21.00	Adult Swim Lessons 19.00 - 20.20		
	West Country Tri Club 20.00 - 21.00					
	Lane Swim 21.00 - 22.00	Lane Swim 21.00 - 22.00	Lane Swim 19.10 - 22.00	Lane Swim 18.15 - 22.00		

** Requires advance booking for each individual attending the session (Including under 3 year olds) .

Please see Kings Fitness Website for Swim England guidance relating to Frequently Asked Questions regarding Skin Conditions and Swimming participation, which we follow at Kings Fitness & Leisure.