POOL TIMETABLE

FROM MONDAY 15TH APRIL 2024 - SUNDAY 26TH MAY 2024

Pool Ratios are as follows:

0 - 2 yrs = 1 Adult to 1 Child 3 - 4 yrs = 1 Adult to 2 Children 5 - 7 yrs = 1 Adult to 3 Children 8yrs+ and competent = Swim Alone Adult = 16+ yrs GENERAL SWIM/LANE SWIM
SWIM ACADEMY/KINGFISHERS
SCHOOL LESSONS/PRIVATE HIRE
AQUA FIT CLASS
FAMILY FUN (Floor Depth 0.81)
PARENT & BABY (Floor Depth 0.81)
INFLATABLE FUN
WATER CONDITIONING (Back TO Health Class)

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25m Pool



Disabled/Pool Hoist



Limited Free Parking



Free Wifi



Steam Room (unavailable during School Swimming sessions)



Sauna



Showers &



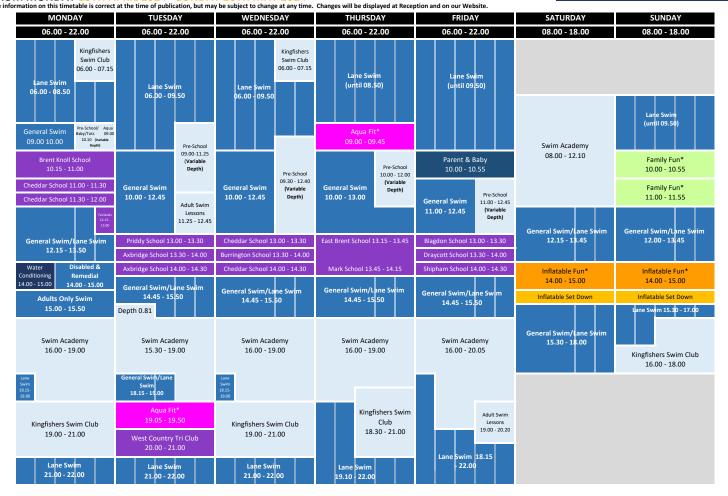
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Restrooms



No Footwear in Changing Room



^{*} Requires advance booking for each individual attending the session (Including under 3 year olds) .

Please see Kings Fitness Website for Swim England guidance relating to Frequently Asked Questions regarding Skin Conditions and Swimming participation, which we follow at Kings Fitness & Leisure.



INFORMATION

This slot is bookable for birthday parties. Only the last Sunday of every month will be reserved for Inflatable fun.

Inflatable Fun requires advance booking for each individual attending the session (members can book online/non members must call Reception 01934 744939 (option 2).

15 minutes at the start of the sessions are for Competency Tests and Rules (sessions are 45 minutes). Participants MUST be competent swimmers (can swim 25m unaided).

Children who do not meet the requirements may play in the Shallow End of the pool. Responsible Adults are allowed on the inflatable.

Under 8's must be a Competent swimmer and have an adult with them