

POOL TIMETABLE

FROM MONDAY 15TH APRIL 2024 - SUNDAY 26TH MAY 2024

The information on this timetable is correct at the time of publication, but may be subject to change at any time. Changes will be displayed at Reception and on our Website.

Pool Ratios are as follows:

- 0 - 2 yrs = 1 Adult to 1 Child
- 3 - 4 yrs = 1 Adult to 2 Children
- 5 - 7 yrs = 1 Adult to 2 Children
- 8yrs+ and competent = Swim Alone
- Adult = 16+ yrs

GENERAL SWIM/LANE SWIM
SWIM ACADEMY/KINGFISHERS
SCHOOL LESSONS/PRIVATE HIRE
AQUA FIT CLASS
FAMILY FUN (Floor Depth 0.81)
PARENT & BABY (Floor Depth 0.81)
INFLATABLE FUN
WATER CONDITIONING (Back To Health Class)

- 25m Pool
- Disabled/Pool Hoist
- Limited Free Parking
- Free Wifi
- Steam Room (unavailable during School Swimming sessions)
- Sauna
- Showers & Changing Room
- Restrooms
- No Footwear in Changing Room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
06.00 - 22.00	06.00 - 22.00	06.00 - 22.00	06.00 - 22.00	06.00 - 22.00	08.00 - 18.00	08.00 - 18.00
Lane Swim 06.00 - 08.50 Kingfishers Swim Club 06.00 - 07.15	Lane Swim 06.00 - 09.50	Lane Swim 06.00 - 09.50 Kingfishers Swim Club 06.00 - 07.15	Lane Swim (until 08.50)	Lane Swim (until 09.50)		
General Swim 09.00 - 10.00 Pre-School/ Baby/Tots 09.00 - 10.10 (Variable Depth) Aqua 09.00 - 10.10 (Variable Depth)			Aqua Fit* 09.00 - 09.45		Swim Academy 08.00 - 12.10	Lane Swim (until 09.50)
Brent Knoll School 10.15 - 11.00	Pre-School 09.00 - 11.25 (Variable Depth)	General Swim 10.00 - 12.45	General Swim 10.00 - 13.00	Parent & Baby 10.00 - 10.55		Family Fun* 10.00 - 10.55
Cheddar School 11.00 - 11.30	General Swim 10.00 - 12.45	General Swim 10.00 - 12.45	General Swim 10.00 - 13.00	General Swim 11.00 - 12.45		Family Fun* 11.00 - 11.55
Cheddar School 11.30 - 12.00	Adult Swim Lessons 11.25 - 12.45	Pre-School 09.30 - 12.40 (Variable Depth)	Pre-School 10.00 - 12.00 (Variable Depth)	Pre-School 11.00 - 12.45 (Variable Depth)		
General Swim/Lane Swim 12.15 - 13.50 Fairfields 12.35 - 13.00	Priddy School 13.00 - 13.30	Cheddar School 13.00 - 13.30	East Brent School 13.15 - 13.45	Blagdon School 13.00 - 13.30	General Swim/Lane Swim 12.15 - 13.45	General Swim/Lane Swim 12.00 - 13.45
Water Conditioning 14.00 - 15.00 Disabled & Remedial 14.00 - 15.00	Axbridge School 13.30 - 14.00	Burrington School 13.30 - 14.00	Mark School 13.45 - 14.15	Draycott School 13.30 - 14.00	Inflatable Fun* 14.00 - 15.00	Inflatable Fun* 14.00 - 15.00
Adults Only Swim 15.00 - 15.50	Axbridge School 14.00 - 14.30	Cheddar School 14.00 - 14.30	General Swim/Lane Swim 14.45 - 15.50	Shipham School 14.00 - 14.30	Inflatable Set Down	Inflatable Set Down
Swim Academy 16.00 - 19.00	General Swim/Lane Swim 14.45 - 15.50 Depth 0.81	General Swim/Lane Swim 14.45 - 15.50	General Swim/Lane Swim 14.45 - 15.50	General Swim/Lane Swim 14.45 - 15.50	General Swim/Lane Swim 15.30 - 18.00	Lane Swim 15.30 - 17.00
Lane Swim 18.15 - 19.00	Swim Academy 15.30 - 19.00	Swim Academy 16.00 - 19.00	Swim Academy 16.00 - 19.00	Swim Academy 16.00 - 20.05		Kingfishers Swim Club 16.00 - 18.00
Kingfishers Swim Club 19.00 - 21.00	General Swim/Lane Swim 18.15 - 19.00	Lane Swim 18.15 - 19.00	Kingfishers Swim Club 18.30 - 21.00	Adult Swim Lessons 19.00 - 20.20		
Lane Swim 21.00 - 22.00	Aqua Fit* 19.05 - 19.50	Kingfishers Swim Club 19.00 - 21.00				
	West Country Tri Club 20.00 - 21.00					
	Lane Swim 21.00 - 22.00	Lane Swim 21.00 - 22.00	Lane Swim 19.10 - 22.00	Lane Swim 18.15 - 22.00		

* Requires advance booking for each individual attending the session (Including under 3 year olds) .

Please see Kings Fitness Website for Swim England guidance relating to Frequently Asked Questions regarding Skin Conditions and Swimming participation, which we follow at Kings Fitness & Leisure.



INFLATABLE FUN INFORMATION

This slot is bookable for birthday parties. Only the last Sunday of every month will be reserved for inflatable fun.

Inflatable Fun requires advance booking for each individual attending the session (members can book online/non members must call Reception 01934 744939 (option 2).

15 minutes at the start of the sessions are for Competency Tests and Rules (sessions are 45 minutes). Participants MUST be competent swimmers (can swim 25m unaided).

Children who do not meet the requirements may play in the Shallow End of the pool. Responsible Adults are allowed on the inflatable.

Under 8's must be a Competent swimmer and have an adult with them.