

Easter Bank Holiday Pool Timetable

Friday 29th March

0800 - 09:55	Lane Swim
10:00 - 10:55	Family Fun
11:00 - 15:50	Lane / General Swim
16:00 - 19:00	Swim Academy

Easter Bank Holiday Class Timetable

Friday 29th March

08:00 Indoor Cycle - Robyn

09:00 Legs Bums and Tums - Clive

09:00 Pilates - Robyn

10:00 Body Balance - Clive

10:00 LesMills Dance - Robyn

11:00 Body Conditioning - Robyn

Saturday 30th March

As Normal

Sunday 31st March

08:00 Indoor Cycle - Ceri

09:00 Body Conditioning - Ceri

10:00 Pilates - Ceri

Monday 1st April

08:00 Circuits - Shane

09:00 Endurance Cycle - Shane