

POOL TIMETABLE

Pool Ratios are as follows:

0 - 2 yrs = 1 Adult to 1 Child
 3 - 4 yrs = 1 Adult to 2 Children
 5 - 7 yrs = 1 Adult to 3 Children
 8yrs+ and competent = Swim Alone
 Adult = 16+ yrs

GENERAL SWIM/LANE SWIM
SWIM ACADEMY/KINGFISHERS
SCHOOL LESSONS/PRIVATE HIRE
AQUA FIT CLASS
FAMILY FUN (Floor Depth 0.81)
INFLATABLE FUN



25m Pool



Disabled/Pool Hoist



Limited Free Parking



Free Wifi



Steam Room (unavailable during School Swimming sessions)



Sauna



Showers & Changing Room



Restrooms



No Footwear in Changing Room

FROM MONDAY 1ST APRIL 2024 - SUNDAY 7TH APRIL 2024

The information on this timetable is correct at the time of publication, but may be subject to change at any time. Changes will be displayed at Reception and on our Website

MONDAY - Bank Holiday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08.00 - 19.00	06.00 - 22.00	06.00 - 22.00	06.00 - 22.00	06.00 - 22.00	08.00 - 18.00	08.00 - 18.00
	Lane Swim 06.00 - 09.50	Lane Swim 06.00 - 09.45 Kingfishers Swim Club 06.00 - 07.15	Lane Swim 06.00 - 8.50	Lane Swim 06.00 - 09.45		
Lane Swim 08.00 - 09.50			Aqua Fit 09.00 - 09.45		Swim Academy 08.00 - 12.10	Lane Swim 08.00 - 08.50
Family Fun* 10.00 - 11.00	Family Fun* 10.00 - 11.00	Inflatable Fun 10.00 - 11.00	Family Fun* 10.00 - 11.00	Inflatable Fun 10.00 - 11.00		Family Fun* 10.00 - 10.55
General Swim/Lane Swim 11.00 - 14.00	Kids Club Hire 11.00 - 12.00	Inflatable Set Down	Kids Club Hire 11.00 - 12.00	Inflatable Set Down	General Swim/Lane Swim 12.15 - 13.45	Family Fun* 11.00 - 11.55
	General Swim/Lane Swim 12.00 - 15.50	Kids Club Hire 11.30 - 12.30	General Swim/Lane Swim 12.00 - 15.50	Kids Club Hire 11.30 - 12.30		General Swim/Lane Swim 12.00 - 13.45
Disabled & Remedial 14.00 - 15.00	Depth 0.81	General Swim/Lane Swim 12.30 - 15.50	General Swim/Lane Swim 12.00 - 15.50	General Swim/Lane Swim 12.30 - 15.50	Inflatable Fun* 14.00 - 15.00	Inflatable Fun* 14.00 - 15.00
Adults Only Swim 15.00 - 15.50		Swim Academy 15.30 - 19.00	Swim Academy 16.00 - 19.00	Swim Academy 16.00 - 19.00	Swim Academy 16.00 - 20.05	Inflatable Set Down
Swim Academy 16.00 - 19.00	General Swim/Lane Swim 18.15 - 19.00	Lane Swim 18.15 - 19.00	Kingfishers Swim Club 18.30 - 21.00	Adult Swim Lessons 19.00 - 20.20	General Swim/Lane Swim 15.30 - 18.00	Lane Swim 15.30 - 17.00
	Aqua Fit 19.05 - 19.50	Kingfishers Swim Club 19.00 - 21.00				Kingfishers Swim Club 16.00 - 18.00
	West Country Tri Club 20.00 - 21.00					
	Lane Swim 21.00 - 22.00	Lane Swim 21.00 - 22.00	Lane Swim 19.10 - 22.00	Lane Swim 18.15 - 22.00		



INFLATABLE FUN INFORMATION

This slot is bookable for birthday parties. Only the last Sunday of every month will be reserved for inflatable fun.

Inflatable Fun requires advance booking for each individual attending the session (members can book online/non members must call Reception 01934 744939 (option 2)).

15 minutes at the start of the sessions are for Competency Tests and Rules (sessions are 45 minutes). Participants MUST be competent swimmers (can swim 25m unaided).

Children who do not meet the requirements may play in the Shallow End of the pool. Responsible Adults are allowed on the inflatable.

Under 8's must be a Competent swimmer and have an adult with them.

* Requires advance booking for each individual attending the session (Including under 3 year olds) .

Please see Kings Fitness Website for Swim England guidance relating to Frequently Asked Questions regarding Skin Conditions and Swimming participation, which we follow at Kings Fitness & Leisure.

POOL TIMETABLE








FROM MONDAY 8TH APRIL - SUNDAY 14TH APRIL 2024

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 8yrs+ and competent = Swim Alone
 Adult = 16+ yrs

GENERAL SWIM/LANE SWIM
SWIM ACADEMY/KINGFISHERS
SCHOOL LESSONS/PRIVATE HIRE
AQUA FIT CLASS
FAMILY FUN (Floor Depth 0.81)
INFLATABLE FUN
WATER CONDITIONING (Back To Health Class)

-  25m Pool
-  Disabled/Pool Hoist
-  Limited Free Parking
-  Free Wifi
-  Steam Room (unavailable during School Swimming sessions)
-  Sauna
-  Showers & Changing Room
-  Restrooms
-  No Footwear in Changing Room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08.00 - 19.00	06.00 - 22.00	06.00 - 22.00	06.00 - 22.00	06.00 - 22.00	08.00 - 18.00	08.00 - 18.00
Kingfishers Swim Club 06.00 - 07.15 Lane Swim 06.00 - 09.50	Lane Swim 06.00 - 09.50	Kingfishers Swim Club 06.00 - 07.15 Lane Swim 06.00 - 09.45	Lane Swim 06.00 - 8.50	Lane Swim 06.00 - 09.45		
Family Fun* 10.00 - 11.00	Family Fun* 10.00 - 11.00	Inflatable Fun 10.00 - 11.00	Aqua Fit 09.00 - 09.45 Family Fun* 10.00 - 11.00	Inflatable Fun 10.00 - 11.00	Swim Academy 08.00 - 12.10	Triathlon Event 08.00 - 15.00
Kids Club Hire 11.00 - 12.00	Kids Club Hire 11.00 - 12.00	Inflatable Set Down Kids Club Hire 11.30 - 12.30	Kids Club Hire 11.00 - 12.00	Inflatable Set Down Kids Club Hire 11.30 - 12.30		
General Swim/Lane Swim 12.00 - 14.00	General Swim/Lane Swim 12.00 - 15.50 Depth 0.81	General Swim/Lane Swim 12.30 - 15.50	General Swim/Lane Swim 12.00 - 15.50	General Swim/Lane Swim 12.30 - 15.50	General Swim/Lane Swim 12.15 - 13.45	
Water Conditioning 14.00 - 15.00 Disabled & Remedial 14.00 - 15.00		General Swim/Lane Swim 12.30 - 15.50	General Swim/Lane Swim 12.00 - 15.50	General Swim/Lane Swim 12.30 - 15.50	Inflatable Fun* 14.00 - 15.00	
Adults Only Swim 15.00 - 15.50					Inflatable Set Down	Lane Swim 15.00 - 17.00
Swim Academy 16.00 - 19.00	Swim Academy 15.30 - 19.00	Swim Academy 16.00 - 19.00	Swim Academy 16.00 - 19.00	Swim Academy 16.00 - 20.05	General Swim/Lane Swim 15.30 - 18.00	Kingfishers Swim Club 16.00 - 18.00
Lane Swim 18.15 - 19.00	General Swim/Lane Swim 18.15 - 19.00	Lane Swim 18.15 - 19.00				
Kingfishers Swim Club 19.00 - 21.00	Aqua Fit 19.05 - 19.50 West Country Tri Club 20.00 - 21.00	Kingfishers Swim Club 19.00 - 21.00	Kingfishers Swim Club 18.30 - 21.00	Adult Swim Lessons 19.00 - 20.20		
Lane Swim 21.00 - 22.00	Lane Swim 21.00 - 22.00	Lane Swim 21.00 - 22.00	Lane Swim 19.10 - 22.00	Lane Swim 18.15 - 22.00		



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