POOL TIMETABLE

The information on this timetable is correct at the time of publication, but may be subject to change at any time. Changes will be displayed at Reception and on our Website

WEDNESDAY

FROM MONDAY 1ST APRIL 2024 - SUNDAY 7TH APRIL 2024

TUESDAY

MONDAY - Bank Holiday

Pool Ratios are as follows:

0 - 2 yrs = 1 Adult to 1 Child 3 - 4 yrs = 1 Adult to 2 Children 5 - 7 yrs = 1 Adult to 3 Children

Adult = 16+ yrs

FRIDAY

SCHOOL LESSONS/PRIVATE HIRE **AQUA FIT CLASS** FAMILY FUN (Floor Depth 0.81) 8yrs+ and competent = Swim Alone INFLATABLE FUN

SATURDAY

GENERAL SWIM/LANE SWIM

SWIM ACADEMY/KINGFISHERS

SUNDAY

25m Pool



Disabled/Pool



Limited Free Parking



Free Wifi



Steam Room (unavailable during School Swimming sessions



Sauna



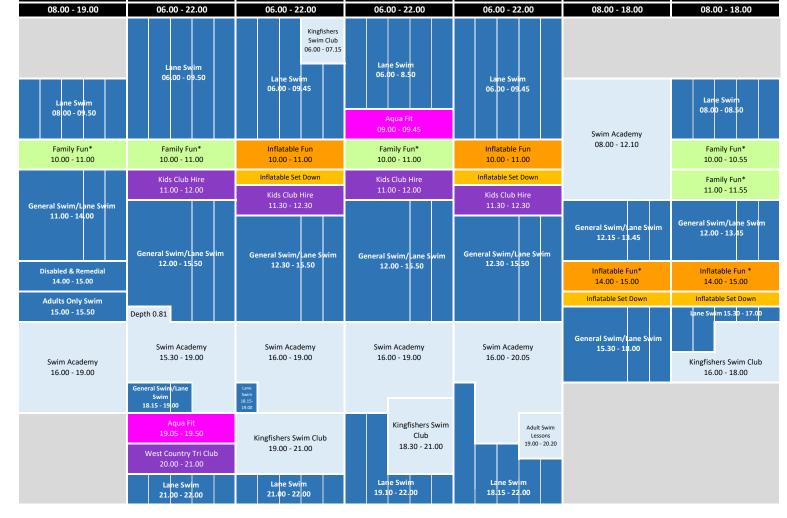
Showers & Changing Room



Restrooms



No Footwear in Changing Room



THURSDAY

Please see Kings Fitness Website for Swim England guidance relating to Frequently Asked Questions regarding Skin Conditions and Swimming participation, which we follow at Kings Fitness & Leisure.



INFLATABLE FUN INFORMATION

This slot is bookable for birthday parties. Only the last Sunday of every month will be reserved for Inflatable fun.

Inflatable Fun requires advance booking for each individual attending the session (members can book online/non members must call Reception 01934 744939 (option 2).

15 minutes at the start of the sessions are for Competency Tests and Rules (sessions are 45 minutes). Participants MUST be competent swimmers (can swim 25m unaided).

Children who do not meet the requirements may play in the Shallow End of the pool. Responsible Adults are allowed on the inflatable.

Under 8's must be a Competent swimmer and have an adult with them.

^{*} Requires advance booking for each individual attending the session (Including under 3 year olds).

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Pool Ratios are as follows:

0 - 2 yrs = 1 Adult to 1 Child 3 - 4 yrs = 1 Adult to 2 Children 5 - 7 yrs = 1 Adult to 3 Children

AQUA FIT CLASS FAMILY FUN (Floor Depth 0.81) 8yrs+ and competent = Swim Alone INFLATABLE FUN Adult = 16+ yrs WATER CONDITIONING (Back To Health Class)

GENERAL SWIM/LANE SWIM

SWIM ACADEMY/KINGFISHERS

SCHOOL LESSONS/PRIVATE HIRE



25m Pool

Disabled/Pool



Limited Free Parking



Free Wifi



Steam Room (unavailable during School Swimming sessions)



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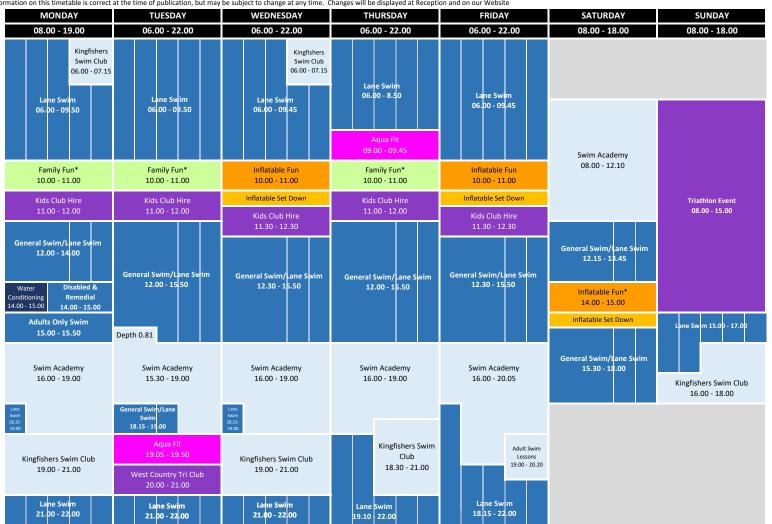
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Children who do not meet the requirements may play in the Shallow End of the pool. Responsible Adults are allowed on the inflatable.

Under 8's must be a Competent swimmer and have an adult with them.

FROM MONDAY 8TH APRIL - SUNDAY 14TH APRIL 2024

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