

POOL TIMETABLE

Pool Ratios are as follows:

0 - 2 yrs = 1 Adult to 1 Child
3 - 4 yrs = 1 Adult to 2 Children
5 - 7 yrs = 1 Adult to 3 Children
8yrs+ and competent = Swim Alone
Adult = 16+ yrs

GENERAL SWIM/LANE SWIM
PRE-SCHOOL/SWIM ACADEMY/KINGFISHERS
SCHOOL LESSONS/PRIVATE HIRE
AQUA FIT CLASS
FAMILY FUN (Floor Depth 0.81m)
PARENT AND BABY (Floor Depth 0.81m)
INFLATABLE FUN
WATER CONDITIONING (Back2Health Class)



25m Pool



Disabled/Pool
Hoist



Free Parking



Free Wifi



Steam Room
(unavailable during School
Swimming sessions)



Sauna



Showers &
Changing Room



Restrooms



No Footwear in Changing Room

FROM TUESDAY 2ND JANUARY 2024 (EXCLUDING HALF TERM AND HOLIDAYS)

The information on this timetable is correct at the time of publication, but may be subject to change at any time. Changes will be displayed at Reception and on our Website

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* Requires advance booking for each individual attending the session

Please see Kings Fitness Website for Swim England guidance relating to Frequently Asked Questions regarding Skin Conditions and Swimming participation, which we follow at Kings Fitness & Leisure.

INFLATABLE FUN INFORMATION

Under 8's must be a Competent swimmer and have an adult with them.

Inflatable Fun requires advance booking for each individual attending the session (members can book online/non members must call Reception 01934 744939 (option 2)).

15 minutes at the start of the sessions are for Competency Tests and Rules (sessions are 45 minutes). Participants **MUST** be competent swimmers (can swim 25m unaided).

Children who do not meet the requirements may play in the Shallow End of the pool. Responsible Adults are allowed on the inflatable.