

POOL TIMETABLE

Pool Ratios are as follows:

0 - 2 yrs = 1 Adult to 1 Child
3 - 4 yrs = 1 Adult to 2 Children
5 - 7 yrs = 1 Adult to 3 Children
8yrs+ and competent = Swim Alone
Adult = 16+ yrs

GENERAL SWIM/LANE SWIM
SWIM ACADEMY/KINGFISHERS
WATER CONDITIONING - BACK2HEALTH
AQUA FIT CLASS
FAMILY FUN (Floor Depth 0.81)
INFLATABLE FUN
PRIVATE HIRE
NPLQ - LIFEGUARD COURSE



25m Pool



Disabled/Pool Hoist



Limited Free Parking



Free Wifi



Steam Room



Sauna



Showers & Changing Room



Restrooms



No Footwear in Changing Room

FROM MONDAY 12TH - SUNDAY 18TH FEBRUARY 2024

The information on this timetable is correct at the time of publication, but may be subject to change at any time. Changes will be displayed at Reception and on our Website

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
06.00 - 22.00	06.00 - 22.00	06.00 - 22.00	06.00 - 22.00	06.00 - 22.00	08.00 - 18.00	08.00 - 18.00
<div>Lane Swim 06.00 - 09.50</div> <div>Kingfishers Swim Club 06.00 - 07.15</div>	<div>Lane Swim 06.00 - 09.50</div>	<div>Lane Swim 06.00 - 09.45</div> <div>Kingfishers Swim Club 06.00 - 07.15</div>	<div>Lane Swim 06.00 - 08.50</div>	<div>Lane Swim 06.00 - 09.45</div>		
<div>Family Fun* 10.00 - 11.00</div>	<div>Family Fun* 10.00 - 11.00</div>	<div>Inflatable Fun*^ 10.00 - 11.00</div>	<div>Family Fun* 10.00 - 11.00</div> <div>Aqua Fit 09.00 - 09.45</div>	<div>Inflatable Fun*^ 10.00 - 11.00</div>	<div>Swim Academy 08.00 - 12.45</div>	<div>Lane Swim 08.00 - 09.50</div>
<div>Kids Club Hire 11.00 - 12.30</div>	<div>Kids Club Hire 11.00 - 12.30</div>	<div>Inflatable Set Down</div> <div>Kids Club Hire 11.30 - 12.45</div>	<div>Kids Club Hire 11.00 - 12.30</div>	<div>Inflatable Set Down</div> <div>Kids Club Hire 11.30 - 12.45</div>		<div>Family Fun* 10.00 - 10.55</div> <div>Family Fun* 11.00 - 11.55</div>
<div>General Swim 12.30 - 14.00</div> <div>NPLQ Course 12.30 - 14.00</div>	<div>General Swim/Lane Swim 12.30 - 15.50</div> <div>NPLQ Course 12.30 - 15.00</div>	<div>General Swim/Lane Swim 12.45 - 15.50</div> <div>NPLQ Course 12.45 - 15.00</div>	<div>General Swim/Lane Swim 12.30 - 15.50</div> <div>NPLQ Course 12.30 - 14.00</div>	<div>General Swim/Lane Swim 12.45 - 15.50</div> <div>NPLQ Course 12.45 - 15.00</div>	<div>Depth 0.81m</div> <div>General Swim/Lane Swim 12.50 - 13.45</div> <div>NPLQ Course 11.45 - 13.30</div>	<div>General Swim/Lane Swim 12.00 - 13.45</div>
<div>Water Conditioning 14.00 - 15.00</div> <div>Disabled & Remedial 14.00 - 15.00</div>					<div>Private Hire - Party 14.00 - 15.00</div>	<div>Inflatable Fun*^ 14.00 - 15.00</div>
<div>Adults Only Swim 15.00 - 15.50</div>	<div>Depth 0.81m</div>				<div>Inflatable Set Down</div>	<div>Inflatable Set Down</div>
<div>Swim Academy 16.00 - 19.00</div> <div>Lane Swim 18.15 - 19.00</div>	<div>Swim Academy 15.30 - 19.00</div> <div>General Swim/Lane Swim 18.15 - 19.00</div>	<div>Swim Academy 16.00 - 19.00</div> <div>Lane Swim 18.15 - 19.00</div>	<div>Swim Academy 16.00 - 19.00</div>	<div>Swim Academy 16.00 - 20.05</div>	<div>Lane Swim 15.30 - 16.30</div> <div>Private Hire - Kayaks 16.30 - 17.30</div>	<div>Lane Swim 15.30 - 17.00</div> <div>Kingfishers Swim Club 16.00 - 18.00</div>
<div>Kingfishers Swim Club 19.00 - 21.00</div>	<div>Aqua Fit 19.05 - 19.50</div> <div>West Country Tri Club 20.00 - 21.00</div>	<div>Kingfishers Swim Club 19.00 - 21.00</div>	<div>Kingfishers Swim Club 18.30 - 21.00</div>	<div>Lane Swim 18.15 - 20.45</div> <div>Adult Swim Lessons 19.00 - 20.20</div>		
<div>Lane Swim 21.00 - 22.00</div>	<div>Lane Swim 21.00 - 22.00</div>	<div>Lane Swim 21.00 - 22.00</div>	<div>Lane Swim 19.10 - 22.00</div>	<div>Private Hire - Kayaks 20.45 - 21.45</div>		

INFLATABLE FUN INFORMATION

Under 8's must be a Competent swimmer and have an adult with them.

Inflatable Fun requires advance booking for each individual attending the session (members can book online/non members must call Reception 01934 744939 (option 2)).

15 minutes at the start of the sessions are for Competency Tests and Rules (sessions are 45 minutes). Participants MUST be competent swimmers (can swim 25m unaided).

Children who do not meet the requirements may play in the Shallow End of the pool. Responsible Adults are allowed on the inflatable.

* Requires advance booking for each individual attending the session ^ 15 minutes at the start of the sessions are for Competency Tests & Rules (sessions are 45 minutes)

Please see Kings Fitness Website for Swim England guidance relating to Frequently Asked Questions regarding Skin Conditions and Swimming participation, which we follow at Kings Fitness & Leisure.