

GYM TIMETABLE

GYM

	TIME	ACTIVITY	INSTRUCTOR
MON	15:25 - 16:10	Youth Training 13-15yrs	Arran
	16:15 - 17:00	Youth Training 13-15yrs	Arran
TUES	15:25 - 16:10	Youth Training 13-15yrs	Arran
	16:15 - 17:00	Youth Training 13-15yrs	Arran
WEDS	15:25 - 16:10	Youth Training 13-15yrs	Arran
	16:15 - 17:00	Youth Training 13-15yrs	Arran
	19:00 - 19:45	Synrgy	Shane
THURS	15:25 - 16:10	Youth Training 13-15yrs	Arran
	16:15 - 17:00	Youth Training 13-15yrs	Arran
	18:00 - 18:45	Synrgy	Leanne
FRI	06:15 - 06:50	Synrgy	Shane
	15:25 - 16:10	Youth Training 13-15yrs	Arran
SAT	16:15 - 17:00	Youth Training 13-15yrs	Arran
	11:00 - 12:00	Youth Training 13-15yrs	Arran