

# STUDIO 2 TIMETABLE

# SKILL

STUDIO 2

	TIME	ACTIVITY	INSTRUCTOR
<b>MON</b>	16:00 - 16:45	Beginners Gymnastics*	Fran
	17:00 - 17:45	Intermediate Gymnastics*	Fran
	18:00 - 18:45	Advanced Gymnastics*	Fran
<b>TUES</b>	16:00 - 16:45	Beginners Gymnastics*	Fran
	17:00 - 17:45	Intermediate Gymnastics*	Fran
	18:00 - 18:45	Advanced Gymnastics*	Fran
	19:00 - 19:45	Elite Gymnastics*	Fran
<b>WEDS</b>	13:00 - 13:30	Preschool Gymnastics*	Fran
	13:45 - 14:15	Preschool Gymnastics*	Fran
	16:00 - 16:45	Beginners Gymnastics*	Fran
	17:00 - 17:45	Intermediate Gymnastics*	Fran
	18:00 - 19:00	Judo Junior	Kev
	19:00 - 20:30	Judo Adults*	Kev
<b>THURS</b>	13:00 - 13:30	Preschool Gymnastics*	Fran
	13:45 - 14:15	Preschool Gymnastics*	Fran
	16:00 - 16:45	Beginners Gymnastics*	Fran
	17:00 - 17:45	Intermediate Gymnastics*	Fran
	18:00 - 18:45	Advanced Gymnastics*	Fran
	20:00 - 21:15	Pregnancy Yoga*	Samantha
<b>FRI</b>	09:30 - 10:30	Postnatal & Baby Yoga*	Samantha
	13:00 - 13:30	Preschool Judo*	Kev
	13:45 - 14:15	Preschool Judo*	Kev

\*not included in gold membership.