

# pool timetable

**Mon 19th April - Fri 23rd July 2010**

**HALF TERM 31st May - 6th June separate timetable**

**SUMMER HOLS - After 8th JULY ALL School Lessons will be Public Swim**

	7am	9am	11am	1pm	3pm	5pm	7pm	10pm			
<b>Mon</b>	Lane Swim 7am - 8.55am	KOW School 8.55 - 11am Pre School 9.20 - 11am 'Swim A Song' 9.30 - 11am	School Les' 11 - 11.30am Aqua Fit 11.30 - 12.30pm	Public Swim 11.30pm - 2pm	KOW School 1.40 - 2.40pm Disabled & Remedial 2 - 3pm	50+ 3pm - 4pm	Kings Swim Scheme 4pm - 6pm	Public Swim 6pm - 7pm	Cheddar Marlins 7pm - 9pm	Tri Club 9pm - 10pm	
<b>Tues</b>	Lane Swim 7am - 8.55am	KOW School 8.55-10.50am 8.55am - 4pm	Public Swim 8.55am - 4pm	KOW School 11.45-12.45pm Adult Les' 11-12 noon	Public Swim 8.55am - 4pm	KOW School 2.45-3.35pm	Kings Swim Scheme 4pm - 6pm	Public Swim 6pm - 7.30pm	Aqua Fit 7.30 - 8.30pm	Swim Fit 8.30pm - 9.30pm Lane Swim 8.30pm - 10pm	
<b>Wed</b>	Lane Swim 7am - 9.20am	SET UP School Lessons 9.30am - 11am	KOW School 11.45-12.45pm	Public Swim 11am - 2pm	50+ 2pm - 3pm	Public Swim 3 - 4pm	Kings Swim Scheme 3.30pm - 6pm	Public Swim 6 - 7pm	Private Hire 7 - 8pm 21 Apr-12 May Public Swim 7 - 8pm From 12 May	Public Swim 8 - 9pm	Lane Swim 9pm - 10pm
<b>Thurs</b>	Lane Swim 7am - 9.20am	SET UP School Lessons 9.30am - 10.30am	Aqua Fit 10.30 - 11.30am	KOW School 11.45-12.45pm	Public Swim 11.30am - 4pm	Pre School Lessons 2pm-3.20pm	Kings Swim Scheme 4pm - 6pm	Public Swim 6pm - 7pm	Cheddar Marlins 7pm - 9pm	Lane Swim 9pm - 10pm	
<b>Fri</b>	Lane Swim 7am - 9.30am	KOW School 10-11am Pre School 9.30-10.30 Parent & Babe 10.30-11.30	Public Swim 11.30am - 4pm	KOW School 1.40-3.35pm PreSchool Les' 2-3.20pm	Kings Swim Scheme 4pm - 6pm	Public Swim 6pm-8.30pm Rookie LG 6pm-7pm	Aqua Fit 7.30 - 8.30pm	Lane Swim 8.30pm - 9.30pm			
<b>Sat</b>		Kings Swim Scheme 8am - 11.40am	Family Fun 11.40am - 1.30pm	Public Swim 1.30pm - 2.30pm	Lane Swim 2.30 - 3.45pm	SET UP	Inflatable Pool Parties 4pm - 5.30pm				
<b>Sun</b>		Lane Swim 8am - 10am	Family Fun 10am - 1pm	Public Swim 1pm - 2.30pm	Lane Swim 2.30 - 3.45pm	SET UP	Inflatable Pool Parties 4pm - 5.30pm				

- ◆ The Management reserve the right to include lane swimming/instructed sessions during Public Swimming times.
- ◆ The information on this leaflet is correct at the time of publication but may be subject to change at any time.
- ◆ There may be times within the programme that a small section of the pool will be used for children's lessons.
- ◆ There will be times when 1:1 swimming lessons take place during public swimming times.

**01934 744939**

PLEASE USE THE LOCKERS FOR SAFE KEEPING OF YOUR VALUABLES.  
PLEASE DO NOT LEAVE CLOTHING OR VALUABLES IN THE CUBICLES.

visit our website

**kingsfitness.co.uk**

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